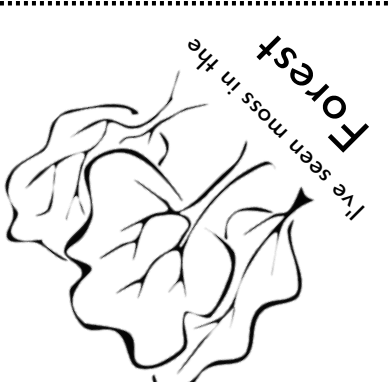


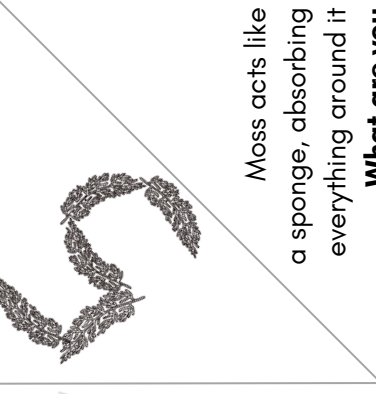
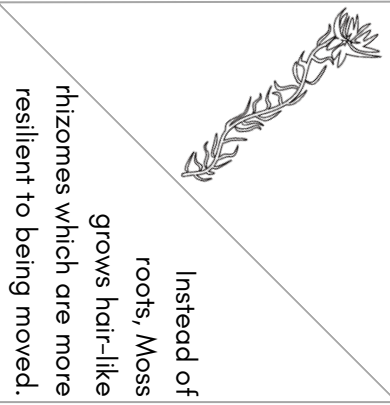
Mosses create space for other plants' seeds to germinate and grow.

Mosses use energy from the sun to turn water & carbon dioxide into sugar and oxygen.



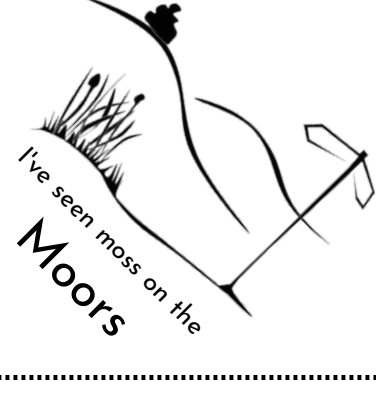
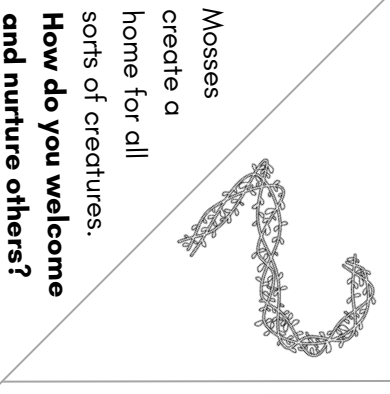
What are you growing?

Where does your energy come from and what do you do with it?



How do you make things more comfortable?

Where have you travelled and what did you gain from being somewhere new?



What are you learning and what mess are your clearing up?

How do you welcome and nurture others?



Mosses regulate temperature, making things a little cooler or warmer.

Moss acts like a sponge, absorbing everything around it.

Mosses are pioneers, finding a home in the gaps between things.

How do you make things more comfortable?

What are you learning and what mess are your clearing up?

How do you welcome and nurture others?

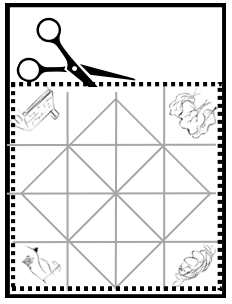
How do you try new things

How are you wild and free?

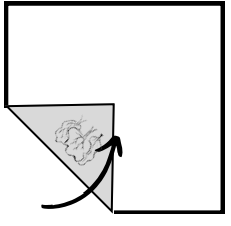
Moss forests are truly wild places

Mosses are pioneers, finding a home in the gaps between things.

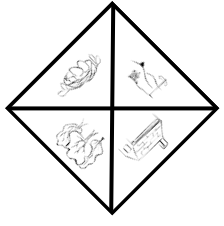
How to make a **Be More Moss** fortune teller



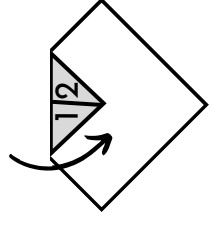
1. Print this A4 PDF - single sided - black & white
2. Cut along the dotted line



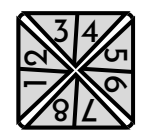
3. With text side facing down, fold all four corners to the centre.



4. It should look like this! Colour in where you would find moss.



5. Turn it over, fold the corners into the centre.



6. It should look like this.



7. Fold the bottom edge to the top.



8. Push your fingers into the 4 pockets at the base

